



TAMPA BAY Women's EXPO

Presented by **Tampa Bay Times**
tampabaywomensexpo.com



Sponsored by
OLD NORTHEAST JEWELERS
FINE JEWELRY & WATCHES | BUYING & SELLING SINCE 1984

Saturday, April 20 • 10 am - 4 pm

SEMINAR SERIES

10:30 a.m. **Camp Gladiator**

Megan Hart: 5 Pillars of Health

11:15 a.m. **Office Yoga**

Join **Annica Keeler** for yoga stretches anyone can do!

12:00 p.m. **Old Northeast Jewelers**

Jeffrey Hess: Verbal Appraisals & Valuations

12:45 p.m. **Fit and Chic**

Taryn Shea: Become Your Own Hero and Take Control of Your Destiny

1:15 p.m. **Integrative Therapeutics**

Dr. Prudhvi Karumanchi: How to Counteract Burnout, Stress, Fatigue

1:45 p.m. **Oil Adventures**

Brenda Baird: Essential Oils, Layering and Effective Uses

2:15 p.m. **Psychic Medium**

Jennifer Fintz: Mindful Living and Spiritual Awakening

2:45 p.m. **Welcome Home Family Chiropractic**

Joubert Desulme D.C.: Hormonal Imbalance: The Main Cause & Four Natural Ways to Balance

3:15 p.m. **Rojas Fitness / The Nourished Gypsy**

Peggy Rojas & Robin Olson: Empower Yourself Through Holistic Nutrition

MAIN STAGE

Mirabella Fashions

11:30 a.m. Fashion Show with the hottest trends! Live across the Main Stage

ACTIVITIES AND DEMONSTRATIONS

A Braid Bar – Summit Salon [Booth 46](#)

Camp Gladiator Challenge – [Parking Lot / Booth 12](#)

Chair Massage – Ashley Ellinwood Massage [Booth 50](#)

Chair Massage – Bliss Bodyworks and Medspa [Booth 13](#)

Cooking Classes – Kalamazoo Olive Co. [Alcove 1](#)

Eyebrow Waxing – Spa 801 [Alcove 8](#)

Hair Straightening – Spa 801 – [Alcove 8](#)

Make and Take Project– AR Workshop [Booth 11](#)

Psychic Readings– Jennifer Fintz [Alcove 9](#)

Skin Cancer Checks– My Dermatology & Cosmetic Center [Alcove 4](#)

Teeth Whitening– Kozmic Smiles [Booth 83/84](#)

VR Boxing Match– Mayweather Boxing & Fitness of S. Tampa [Booth 59](#)

#TBWomensExpo





VENDORS

ADI Skincare	40
AR Workshop	11
Arcadia Resorts	23
Ashley Ellinwood Massage	50
Berghoff International	73
Bliss Bodyworks and Medspa	13
Bowls For Good	Alcove 10
Burke Faulkner Law	44
Camp Gladiator	12
CBD Mom	62
Celebrate Your Sexy	42
Cellular Sales	65
Christy Girl Semi-Precious Jewelry	Alcove 5
Color Street	88
Coundouriotis Cosmetic Center	68
Dejavi Innovation	85
Discover Vacations	58
Early Detection Foundation	16
Edward Jones	92
Farkas Chiropractic	59
Fit and Chic Inc.	64
Florida E.N.T. & Allergy	78
Fortifye Vitamins/Paleo Simplified	47
French Soap and Cosmetics	79
Gateway Radiology	82
Genexe	87
Geotical Insurance	35
Golden Glow Medical Spa	33
Hanna's Heavenly Pouts	66
Healing Science Today	32
Heart Gallery of Pinellas and Pasco	38
Hillsborough County Sheriff's Office	21
Hip Klip	67
Hot Pursuit Catering & BBQ	Outside
Inkfish	19
Integrative Therapeutics	22
Kalamazoo Olive Company	Alcove 1
Keller Williams – Gulf Beaches	86
Kickstart Your Wellness/doTerra	57
Kozmic Smiles	83/84
Lincoln Memorial University- Caylor School of Nursing	71
Maggie On The Move	Outside
Mary Kay	56
Mayweather Boxing and Fitness of South Tampa	59
Meriden Research	54
Mirabella Fashions	Alcove 6
Miracle Nutritional Products	69
Morean Arts Center & Chihuly Collection	55
My Dermatology & Cosmetic Center	Alcove 4
Nothing Bundt Cakes	37
Oil Adventures	Alcove 2
Old Northeast Jewelers	92-95
Oligie	31
Orangetheory Fitness	72
Origami Owl	43
Painting With a Twist	Alcove 3
Paparazzi Jewelry & Accessories	41

Meet Jeff & Katrina Hess



Jeff and Katrina Hess and Senior VP Don Buerk will be on hand to give you a quick valuation of your items.

Mr. Jeffrey P. Hess will speak about fine art, jewelry, fine watches and antique valuation at Noon on the Main Stage

We are a proud sponsor of the Women's Expo and look forward to meeting you!



OLD NORTHEAST JEWELERS
FINE JEWELRY & WATCHES | BUYING & SELLING SINCE 1984

St. Petersburg – 1131 4th St. N **727-896-6656** | Tampa - International Plaza ~ **813-875-3935**
OldNortheastJewelers.com

Peltz Shoes	36
Psychic Medium Jennifer	Alcove 9
Pure Barre St. Pete	39
Regen-Age	77
Rojas Fitness / The Nourished Gypsy	17
Ruby Ribbon	45
Scentsy	81
Sewing Center of Wesley Chapel	51
Sleep Number	76
Slim Down St Pete	90
South Beach Tanning Company	48
Spa 801	Alcove 8
Sseko Designs	53
St Pete Running Company	30
Summit Salon Academy	46
Tailored Financial Strategies of Raymond James	80
Tampa Bay Rays / Tampa Bay Rowdies	94
Tampa Bay Times	Concession
The Bodhi Tree	89
The Jones House	93
The Merchant – Purveyor of Local Goods	14
The Pamela Muma Women's Health Center	75
Traci Lynn Jewelry	70
Troy University	91
United Vein Centers	20
Utoya Organics	15
Vein Institute of Pinellas	61
VidaCann	95
Welcome Home Family Chiropractic & Wellness Center	18
Wellmed/United Healthcare	74
Women's Care Florida	34
Wyndham Destinations	63
Wyndham Rewards	52
Young Living Essential Oils	49